

Adhkar Al Saba

English version

Zikr

1	Ayat-Al-Kursi	The Throne Verse
	Allâhu lâ ilâha illâ huwa-l-hayyu-l-qayyûm Lâ ta'khudhuhu sinatun wa lâ nawm Lahu mâ fî s-samâwâti wa mâ fî-l-ard Man dhâ l-ladhî yashfahu 'indahu illâ bi-idhnihi Ya'lamu mâ Bayna aydîhim wa mâ khalfahum. Wa lâ yuhîtûna bi-shay'in min ilmihi illâ bi-mâ shâ'a. Wasi'a kursiyyuhu s-samâwâti wa-l-ard. Wa lâ ya'ûduhu hifzuhumâ, wa huwa-l-aliyyu l-azîm	Allah! No divinity other than Him, the Living One who eternally watches over the proper functioning of all things. Neither drowsiness nor sleep seizes Him. His is all that is in the heavens and on the earth. Who can intercede with Him without His permission? He knows their entire past and their entire future. And they only know of his knowledge what He wants. His throne overflows the heavens and the earth, the guard of which costs Him no trouble. And He is the Most High, the Most Great.
2	Iclaas*3	
	Bismi l-lâhi r-rahmâni r-rahîm. Qul huwa l-lâhu ahad, Allâhu s-samad, Lam yalid wa lam yûlad, Wa lam yakun lahû kufuwan ahad	In the Name of Allah, the Most Merciful, the Most Merciful: "Say: He is Allah, One and Only; Allah the only one to be implored for what we desire; He never begat nor was begotten; and no one is equal to Him
3	Al Falaq*3	
	Bismi l-lâhi r-rahmâni r-rahîm. Qul a'ûdhu bi-rabbi-l falaq, min sharri mâ khalaq, wa min sharri ghâsiqin idha waqab, wa min sharri n-naffâthâti fi-l uqad. wa min sharri hasidin idha hasad	In the Name of Allah, the Most Merciful, the Most Merciful: "Say: I seek protection from the Lord of the breaking dawn; against the evil of the beings He created; against the evil of darkness when it deepens; against the evil of those who blow on the knots; and against the evil of the envious when he envies.
4	An-nas*3	
	Bismi l-lâhi r-rahmâni r-rahîm. Qul acûdhu bi-rabbi n-nâs, maliki n-nâs, ilâhi n-nâs. Min sharri-l-waswâsi-l-khannâs, al-ladhî yuwaswisu fî sudûri n-nâs, min al jinnati wa n-nâs	In the Name of Allah, the Most Merciful, the Most Merciful: "Say: I seek protection from the Lord of men; the Sovereign of men; God of men; against the evil of the bad furtive advisor; who breathes evil into the breasts of men; whether jinn or human being.

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5	Du'a 1	
	Asbahna wa asbahal mulku lillah, wal hamdu lillah, la ilaha ilahou wahdahou la sharika lah, lahoul moulkou walahou lhadmou, wa houya 'ala kouli chay'in qadir Rabi ass-alouka khayra ma fihadal yawm, wa khayra ma ba'dahou, wa a'oudoubika min chari ma fi hadal yawmi wa chari ma ba'dahou Rabbi a'oudoubika minal kassali wa sou-il-kibari, Rabbi a'oudoubika min 'adabin fin-nari wa 'adabin fil qabr Allahumma bika asbahnâ, wa bika amsaynâ, wa bika nahyâ, wa bika namûtu, wa ilaylka n-nushûr	Here we are in the morning and the reign belongs to Allah. Praise be to Allah, There is no other god except Allah Alone, without partner. His is the kingdom, His is the praise, and He is capable of all things. Lord ! I ask You for the good of this day and the good that comes after. And I place myself under Your protection against the evil of this day and the evil that comes after. O Lord! I place myself under Your protection against laziness and the ills of old age. I ask for Your protection against the punishment of Hell and against the torments of the grave.
6	Du'a 2	
	Allahumma anta Rabbi la ilaha illa anta, Khalaqtani wa ana `Abduka, wa ana `ala `ahdika wa wa`dika mastata`tu, A`udhu bika min Sharri ma sana`tu, abu'u Laka bini`matika `alaiya, wa abu'u laka bidhanbi faghfir lee fa innahu la yaghfiru adhdhunuba illa anta	O Lord! You are my God. There is no god but You. You created me and I am your slave, I conform as much as I can to my commitment and my promise to You. I place myself under Your protection against the evil that I have committed. I recognize Your favor towards me and I recognize my sin. Forgive me because it is only You who forgives sins.
7	Du'a 3 * 4	
	Allâhumma innî asbahtu ush-hiduka, wa ush-hidu hamalata' arshika wa malâ'ikataka, wa jamî'a khalqika, annaka you l-lâhu, lâ ilâha illânta, wahdaka lâ sharîka laka, wa anna Muhammadan abduka wa rasûluk	O Lord! Here I am in the morning, I call You to witness and I call to witness the bearers of Your Throne as well as Your angels and all your creatures, that it is You Allah, there is no divinity but You, You are Alone and without partner, and that Mohammed is Your slave and Your messenger.
8	Du'a 4 * 3	
	Allâhumma âfinî fî badanî. Allâhumma âfinî fî sam'î. Allâhumma âfinî fî basarî. Lâ ilâha illâ anta. Allâhumma innî a'ûdhu bika mina-l-kufri, wa-l-faqri. Wa a'ûdhu bika min 'adhâbi-l-qabri. Lâ ilâha illâ anta. Allahumma inni a'udhu bika minal-kufri wal-faqri, wa 'adhabil-qabri, lâ ilâha illâ anta	O Lord! Grant me health (or salvation). O Lord! Grant health to my hearing. O Lord! Grant health to my eyesight. There is no god but Allah. O Lord! I seek protection from You against disbelief, poverty and I place myself under Your protection against the torments of the grave. There is no god except You.
9	Du'a 5*7	
	Hasbiya lâhu lâ ilâha illâ huwa alayhi tawakkaltu, wa huwa rabbu-l-arshi-l-'azîmi	Allah is sufficient for me, there is no god but Him, it is in Him that I place my trust and He is the lord of the immense Throne

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10	Du'a 6	
	Allâhum mâ innî as'aluka-l-afwa wa-l-âfiyata fi d-duniyâ wa-l-âkhirati. Allâhum mâ innî as'aluka-l-afwa wa-l-âfiyata fi dînî, wa duniyâya, wa ahlî, wa mâlî. Allâhum mastur awrâtî, wa âmin raw'âtî. Allahumma hfaznî min bayna yadayya, wa min khalfî, wa an yaminî, wa 'an shimâlî, wa min fawqî. Wa a'ûdhu bi azamatika an uqhtâla min tahtî	O Lord! I ask you for forgiveness and health in this life and in the afterlife. O Lord! I ask You for forgiveness and peace in my religion, my life, my family and my property. O Lord! Hide my faults and shelter me from all my fears. O Lord! Protect me in front of me, behind me, on my right, on my left and above me and I put myself under the protection of Your greatness so that I am not murdered from below me.
11	Du'a 7	
	Allâhumma 'âlim-alghaybi wa sh-shahâdati, fatira s-samâwâti wa-l ardi, rabba kulli shay'in wa malîkahu. Ash-hadu anlâ ilâha illâta. A'dhu bika min sharrin nafsî, wa min sharri sh-shaytânî, wa chirkh, wa an aqtarifa alâ nafsî sû'an ajurrahu ilâ mouslimin	O Lord! The Knower of the invisible and the visible, the Creator of the heavens and the earth, Lord and Master of all things. I testify that there is no other god except You. I place myself under Your protection against the evil of my soul, against the evil of the devil and his polytheism and against the fact that I harm myself or a Muslim.
12	Du'a 8 * 3	
	Bismi l-lâhi l-ladhî lâ yadurrû ma'a smihi shay'un fi-l ardi wa lâ fi s-samâ'i, wa huwa s-sami-ul-alîm	In the name of Allah, no one can harm in the presence of His name on earth and in the sky and He is the Hearer, the All-Knower.
13	Du'a 9 * 3	An-nas
	Radîtu bi-l-lahi rabban, wa bi-l-islâmi dînan, wa bi muhammadin sallallahu 'alayhi wa salama nabiyyan	I have accepted Allah as my lord, Islam as my religion and Muhammad (sws) as my prophet
14	Du'a 10	
	Yâ hayyu, yâ qayyumu bi rahmatika astaghîthu aslih li sha'ni kullahu wa lâ takilni ilâ nafsî tarfata 'ayn	O the Living One, the One who eternally watches over the proper functioning of all things, I implore help from Your mercy. Improve my situation and don't leave me to my own devices even for the blink of an eye.

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15 Du'a 11	
Asbahnâ wa asbaha-l-mulku li-l-lâhi rabbi-l-âlamîn. Allahumma innî as'aluka khayra hâdhâ-l-yawmi fathahu, wa nusrahu, wa nûrahu, wa barakatahu, wa hudâhu. Wa a'ûdhu bika min sharri mâ fihi wa sharri mâ ba'dahu. Asbahna alâ fitrati-l-islâmi, wa alâlimati-l-ikhlâsi, wa alâ nabiyyinâ Muhammadin, wa alâ millati abîna Ibrâhîma, Hanîfan, Muslim, wa mâna mina-l-mushrikîn	It is morning and the reign belongs to Allah, the Lord of the universe. O Lord! I ask You for the good of this day, what it contains in terms of conquests, victories, light, blessing and guidance. I place myself under Your protection against the evil of this day and the evil that comes after it. Here we are in the morning and in us is the first nature which is Islam, in us, the word of monotheism; we are in the religion of our Prophet Mohammed (sws) and on the path of our father Abraham who devoted his worship exclusively to Allah, submitted to Him, and was not among the number of associates.
16 Du'a 12 *100	
Subhâna l-lâhi wa bi-hamdihi	Glory and purity to Allah and praise to Him.
17 Du'a 13*100	
Lâ ilâha illa l-lâhu wahdahu lâ sharika lahu lahu-l-mulku walahu-l-hamdu, wa huwa alâ kulli shay'in qadir	There is no god but Allah One, without partner. His is the kingdom, His is the praise, and He is capable of all things.
18 Du'a 14 * 3	
Subhâna l-lâhi wa bi-hamdihi, adada khaqihi, wa ridâ nafsîhi, wa zinata arshihi, wa midâda kalimâtihi	Glory and purity as well as praise to Allah as many times (as the universe counts of) His creatures, as many times to satisfy Him, equal to the weight of His Throne and the indeterminate number of His words.
19 Du'a 15	
Allahumma innî as'aluka ilman nâfi'an, wa rizqan tayyiban, wa amalan mutaqqabbalan	O Lord! I ask You for useful knowledge, a good livelihood and works approved (by You).
20 Du'a 17	
Astaghfiru l-lâha wa atûbu ilaykh.	I ask Allah for forgiveness and repent to Him.
21 Du'a 18 *100	
Allahumma salli wa salim alâ nabiyyinâ Muhammad	O Lord! Pray and greet our Prophet Mohammed